



Dedicated to advancing the status of women worldwide

Zonta Club of Rochester

PO Box 10545, Rochester, NY 14610

December 2016 Newsletter Vol. 8, Issue 4



ZONTA
CLUB OF
ROCHESTER
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

Message from the President



Hello Zonta sisters,

Happy Holidays,

It seems like only yesterday it was summer and now the holidays are upon us. Every year seems to be going by so quickly. Even though all of you are extremely busy right now, I hope you make the time to sit back and enjoy the holidays in a way that is important and fulfilling.

I am grateful for the Zonta ladies that came out to my book signing. It made the event even more special.

As I was preparing to teach my reiki classes I came upon this and it reminds me of all of you.

Honesty: talking straight, being genuine and ethical

Courage: taking accountability for results, being up front about mistakes and taking considered risks

Fairness: treating people justly and equitably

Respect: treating individuals with dignity

Caring: listening carefully to others, working together to achieve shared goals

Trust: keeping our promises

Thank you for all you do, for women locally and around the world.

Best wishes,

Lil



Zonta International

President Sonja Hönig Schough
Zonta Club of Kungsbacka, Sweden District 21

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Zonta Websites

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Zonta District 4 www.zontadistrict4.org
Zonta Rochester www.zontarochester.org

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And

SHARE the Posts from Zonta!

December 13th Fellowship Meeting



There's lots of fun, information, and service opportunities planned for our Holiday Meeting! We'll hear about Kiva's mission "to connect people through lending to alleviate poverty." Since 2005, Kiva has crowd-funded more than a million loans, totaling in excess of \$950 million, with a repayment rate of between 98 and 99 percent. As of November 2013, Kiva was raising about \$1 million every three days. The Kiva platform has attracted a community of well over a million lenders from around the world. You now have an opportunity to join the Rochester Zonta Club's team on KIVA!

We'll also have journals to decorate, for those of you who feel crafty, and there may also be an opportunity to wrap presents for our adopted families (from Friendship Children's Center).

This month's meeting will be at Joey B's at Brickstone, 1325 Elmwood Ave. Cost: \$25.00 for members and guests and includes a dinner with cash bar. The dinner will be: manicotti with red sauce, chicken and apple sausage, turkey meatballs, creamed spinach and artichoke, green salad, garlic bread, and coffee/tea; a vegetarian option is available as a pre-order. As usual the meeting will be 5:30 - 8:00 pm (5:30 - 6:00 networking time). Guests are always welcome - and encouraged!

Your reservation is a financial commitment even if you cannot attend. To reserve your seat please contact Betty Kern at 585.739.4244 or email:bettykern1@gmail.com **by 12/8/16.** Let Betty know if you need the vegetarian option.

November Meeting Review

Our November speaker, Mary Connery, retired educator, enlightened us through an interactive exercise that featured who we are and what we bring to Zonta. The program was a great way to learn about our sister Zontians and focus on our Zonta commitment. It would be great to revisit what we started and bring it to full circle. Also, under Andrea's leadership we collected almost 400 pairs of socks for women and children at our November meeting. Well done Zontians! Our favorite chef, Cindy, prepared a turkey to be stuffed (with the socks) - but an overflow collection went into boxes to be taken to Sojourner House, Wilson Commencement Park and Catholic Family Center.



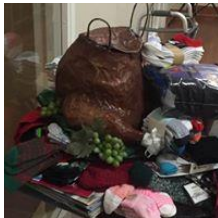
Mary Connery



Members engaged by Mary!



Our master chef, Cindy.



Our "stuffing" runneth over!

General Meeting Schedule

Dec. 13 th	2nd Tuesday Fellowship
Jan. 24 th	4 th Tuesday Amelia Earhart
Feb. 28 th	4 th Tuesday Service
March 28 th	4 th Tuesday Advocacy
April 25 th	4 th Tuesday Leadership
May 16 th	3rd Tuesday Annual Meeting
June 27 th	4 th Tuesday President's Choice (1 st meeting of 2017-18 Zonta year)

Board Meeting Schedule

January 5th
 February 2nd
 March 2nd
 April 6th
 May 4th
 June 1st

Open to all ZCR members!
 St. John's Home, Hastings Conference Room,
 150 Highland Avenue, 5:30 - 6:45 PM

Donations Needed

- We are still collecting the following items at our monthly meetings:
- ◆ Toiletries for Mercy Community Services
 - ◆ Printer cartridges for Mt. Hope Family Center



	Birthday	Anniversary
Edna Silvernail	12/23	11/88
Rita Garretson	12/28	12/02

January's Speaker Announced!

At our member's request, we are excited to continue our dialog and connection with We@RIT! Marca Lam, PhD is a Senior Lecturer of Mechanical Engineering, faculty advisor for the Society of Women Engineers and executive board member for WE@RIT. She is also a coordinator for the RIT hosted Mini Baja competition and was named the Society of Women Engineers Faculty Advisor of the Year in 2015. She will be talking about her experiences as a women mechanical engineer and professor, how she landed at RIT and what her thoughts about women in STEM careers.



Fundraisers!

TALBOTS

Share the
**FUN & make a
DIFFERENCE**

Talbots and Zonta Rochester Foundation
invite you to shop for modern classic styles
and enjoy light refreshments

10% of pre-tax sales will be donated to
Zonta Rochester Foundation in Rochester, NY

a 501(c)(3) not-for-profit organization (the "Charity")

Talbots
66 Monroe Avenue
Pittsford, NY

Thursday, December 8th
4:00 P.M.-7:00 P.M.

This is what Talbot's will be able to offer all of you and your friends
Thursday evening from 4-7. Let's make this a huge success!

- 30% off Entire Purchase – *Monday, December 5 through Wednesday, December 14*
- Bounceback Gift Card Redemption – Spend \$125, Redeem \$25 Savings Card
- *Tuesday, December 6 through Sunday, December 11*
 - Customer spends \$125 after discounts to receive \$25 Savings Card
 - Combinable with TCC and Birthday
 - Customer should present Bounce Back

Lucky Numbers

Remember to sell your lucky draw tickets for the February Lucky Draw Fundraiser. The money for the fundraiser and the ticket stubs need to be turned in to Alyce by the end of the month – you can bring them to the January meeting. Remember, the member who sells the most Lucky Draw tickets receives a gift.

Fundraise While You Shop for the Holidays

The holidays are approaching and your supporters will be busy shopping for gifts, decorations, and more. By reminding them to shop at smile.amazon.com, Zonta Rochester Foundation can increase its AmazonSmile donations.

Use the message and link below in email, social media on your website to spread the word to your donors, staff, and volunteers. In the coming weeks we will email you with additional holiday banners starting with one for Black Friday / Cyber Monday.

#StartWithaSmile at smile.amazon.com/ch/01-0728800 for your holiday gifts and Amazon donates to Zonta Rochester Foundation.



New Membership Application!

We're happy to announce Antonia "Toni" Chirico Shiffman has submitted her application for membership in ZCR. Toni is an RN who owns a consultancy for Patient Advocacy and Navigation. Toni does private and pro-bono work. She has a long history of service including work for the United Way, Thompson Hospital and Serenity House to name a few.

Be sure to introduce yourself to Toni if you haven't already!

Month by Month Collection/Donation List

Thanks to Andrea for organizing this list!

Below are the items that we will be collecting at our monthly dinner meetings. It is our hope that by giving you a heads up you will have time to shop the bargains, go through your things, or even collect from friends.

Please do not feel pressure to donate every month. These donations should be at your convenience. We will still collect our on-going items of toiletries and ink cartridges.

Thank you in advance for your generosity.

Listed are the items and the agencies to which they will be donated.

DECEMBER: Fellowship

We will adopt a family from **Friendship Children's Center**

Thanks to our wonderfully generous Zonta ladies, WE DID IT!! Through your generosity we have gifts for all of our Adopted Family Members.

Let's give a huge shout out to Alyce who will be organizing, collecting, delivering and a whole bunch of other things to make this project a success!

Andrea will not be at the dinner meeting, so please give gifts/donations to Alyce and she will take it from there!

FYI, Gifts can be wrapped or unwrapped.

Unwrapped gifts will be wrapped by kind Zonta members at the Dec. 13th dinner meeting.

All gifts should be marked with the name of who the gift is intended.

JANUARY: Amelia Earhart

Feminine hygiene products

Items will be donated to the **YWCA, Sojourner House, and Mothers In Need of Others**

FEBRUARY: Service (Grants)

Bras (new and gently used)

Items will be donated to the international organization "**Free the Girls**" (the local drop off center is Panache Vintage and Finer Consignment in Pittsford, NY)

See RESOLVE's Article About Anne!



Anne Rasch: Volunteer, supporting 2016 #DVStinks Campaign

It has been said that volunteers are the heart of nonprofit organizations and that is certainly true at RESOLVE.

Anne has been volunteering with RESOLVE for the past four years and is selfless and committed to our mission. She is the consummate utility player – always ready to jump in, no matter what we need. Anne helps in the office regularly with a variety of mundane but important tasks that keep operations running smoothly. She is unabashed in her efforts to secure donations of money and gifts-in-kind and is never deterred. Anne has worked dozens of outreach events for RESOLVE and always greets people with warmth and a smile. She is also quick to bring ideas to us about how to improve routine tasks and is constantly thinking about ways that she can connect RESOLVE to people in her personal and professional networks to mutual benefit. Anne has been involved with the Resolutionary Awards Breakfast Committee since our very first year. She's contributed ideas and secured sponsors, while also adding her own personal and generous touches to the event – most notably by purchasing or even making beautiful centerpieces. She has also hosted a table each year and invited new people as a way to promote our good work.

Thank you, Anne! We are so grateful for all the ways you contribute to our mission to empower people and communities to break the cycle of domestic violence.

Domestic Violence Consortium

Over the last few months, we have been reporting on the strategic planning process that the Rochester/Monroe County Domestic Violence Consortium started last year. You will find attached the RMC DVC Strategic Framework 2017-2020 that reflects the input of all members of DVC and voted on at the November meeting. Check out the new vision and mission statements, along with the guiding values and key priorities. Each priority has goals, strategies to reach the goals and measurable outcomes.

Membership to the DVC brings an expectation of attendance at the membership meetings and involvement with at least one committee. The committees are: Education (new); Diversity & Inclusivity (new); Protocols/Best Practice (new); and continuing with Criminal Justice and Legislative Advocacy. The work of the DVC will now take place at the committee level, reporting to the full membership 4-5 times a year.

If you would like additional information about the DVC or how you can become involved, please contact Alyce. Thank you.



We are in the middle of our 16 Days of Advocacy Against Gender Based Violence campaign. As you may remember, this year's theme is "From peace in the home to peace in the world: make education safe for all!" Many of our members are helping with this advocacy project by re-posting the Facebook posts that the Advocacy Committee have made every day of the campaign. Please continue to re-post – you raise awareness for Zonta as well as for the campaign when you do!

New Price for Dinner Meetings

Every year it has been increasingly difficult to find a place to meet that is within our \$25 per person budget because, while the price of dinners has gone up, what we charge our members has remained the same for many years. We used to make a couple of dollars on each meal to help offset Club expenses; that has not been the case for some time and has had a deleterious effect to our Club's finances.

At the November meeting the membership voted to raise the dinner price to \$28, effective January 2017 and to hold members/guests responsible for the cost if they reserve and don't show to the meeting or don't cancel in time.

What's Happening in Buffalo!

An event poster for the Buffalo Presidential Center and Buffalo History Museum. The poster features the logos for both organizations and a portrait of Belva Lockwood. The text reads: 'The Association for BUFFALO PRESIDENTIAL CENTER AND THE BUFFALO HISTORY MUSEUM PRESENT BELVA LOCKWOOD: TRAILBLAZER FOR WOMEN'S LEADERSHIP Presented by Maryann Saccomando Freedman, Esq. Wednesday, December 7, 2016 6:00 p.m. The Buffalo History Museum One Museum Court, Buffalo NY Free and Open to the Public Sponsored by: AAUW—Buffalo Branch The Erie County Commission on the Status of Women Friends of Women's Rights National Historic Park Buffalo/Niagara Chapter, FWRNHP Zonta League of Women Voters Buffalo/Niagara WomenElect Daemen College Women's Studies Program Niagara Falls National Heritage Area www.buffalopresidentialcenter.org'.

Human Trafficking

Human trafficking is when a person is forced or tricked into working in terrible conditions. Victims of human trafficking may be kidnapped, for example. They also may be lured with false promises of a better life in a new country. A person who is trafficked may be drugged, locked up, beaten, starved, or made to work for many hours a day. Types of work a trafficked person may be forced to do include prostitution, farm work, cleaning, childcare, or sweatshop work.

Ways traffickers control a woman may include:

- Making her work to pay back money they say she owes them
- Threatening to hurt her or her family
- Threatening to have her deported
- Taking away her passport, birth certificate, or ID card
- Preventing her from having contact with friends, family, or the outside world

Sometimes, a woman may end up trafficked after being forced to marry someone against her will. In a forced marriage, a woman's husband and his family can have great control over her life. They may then place her in domestic or sexual slavery against her will.

Help for victims of human trafficking

If you think you have come in contact with a victim of human trafficking, call the [National Human Trafficking Resource Center](#) hotline at 888-373-7888. Hotline staff can help you figure out if you have seen a victim of human trafficking and can suggest local resources.

Anyone who is brought into the United States for forced labor may be able to get a special visa and other help rebuilding their lives. Learn more about [help for trafficked immigrants](#).

Explore other publications and websites

- [Fact Sheet: Sex Trafficking](#) - This fact sheet talks about types of sex trafficking, challenges sex trafficking survivors face, and assistance.
- [Fact Sheet: Victim Assistance](#) - This fact sheet talks about the assistance available to survivors of human trafficking provided by the United States government.
- [Federal Anti-Trafficking Efforts \(Copyright © Polaris Project\)](#) - Use this website to connect to federal offices that work on stopping human trafficking, helping survivors, and bringing traffickers to justice.
- [Human Trafficking \(Copyright © United Nations\)](#) - This website defines human trafficking, answers frequently asked questions, and talks about the response to human trafficking.
- [Turning Pain into Power: Trafficking Survivors' Perspectives on Early Intervention Strategies \(Copyright © Family Violence Prevention Fund\)](#) - This publication helps health care providers identify trafficking and domestic violence victims and looks at how providers can help victims

Connect with other organizations

- [Futures Without Violence](#)
- [National Center for Victims of Crime](#)
- [National Online Resource Center on Violence Against Women](#)

[More information on human trafficking](#)



Please see the Domestic Violence Consortium information on the next page.
You may want to “zoom” your view to be able to read all.

RMC DVC Strategic Framework 2017-2020

Vision
A collaborative network that promotes excellence in community organizations committed to ending domestic violence.

Mission
A unified organization leading an inclusive collaborative community response to domestic violence that promotes safety for victims/survivors and their families; ensures offender accountability; and fosters community awareness.

Guiding Values

Inclusivity
We empower our diverse community partners to serve all individuals in an accessible and culturally competent manner.

Collaboration
We actively share our collective expertise and support our community partners.

Accountability
We collectively, and individually, act to follow through with commitments and accept responsibility for our actions.

Respect
We are committed to mutual respect and understanding, focusing on empathetic and compassionate communication.

Excellence
We aim to achieve the highest standards and strive to exceed expectations because we are passionate about what we do.



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RMC DVC Strategic Framework 2017-2020

Goals	Strategies	Measures of Success
<p>Advocacy</p> <ol style="list-style-type: none"> 1. Support community organizations that coordinate efforts to protect, support, and heal victims and hold offenders accountable 2. Support community organizations that respond to the needs of families and children affected by domestic violence 3. Partner with legal and law enforcement community to protect victims & hold offenders accountable 	<ul style="list-style-type: none"> Promote and participate in member organizations' fundraising & awareness efforts (Goals 1 & 2 All DVC Members) Members offer clients appropriate referrals to fellow member agencies & provide warm handoff (Goals 1 & 2 All DVC Members) Provide forum for legal & law enforcement community, advocates, & service providers to discuss gaps in services & difficult cases (Goal 3 Criminal Justice Committee) 	<ul style="list-style-type: none"> DVC present at member events (provide donations/time) and/or sharing via social media Increase community's awareness of services available through member agencies Host at least six Criminal Justice Committee meetings per year & monitor outcomes of cases discussed
<p>Coordination</p> <ol style="list-style-type: none"> 1. Provide a means for disseminating and sharing information 2. Promote inter-agency communication, support, and cooperation 	<ul style="list-style-type: none"> Meet with full membership (Goals 1 & 2 All DVC Members) Maintain RMC DVC.org & DVC's social media presence (Goals 1 & 2 DVC Coordinator) Share member updates via email/at meetings/on RMC DVC.org & serve as clearinghouse for member information/activities (Goals 1 & 2 DVC Coordinator) 	<ul style="list-style-type: none"> Meet at least four times/year with full membership Develop social media presence & increase engagement year over year All content posted to RMC DVC.org, including list of Community Resources & Calendar, is current and relevant
<p>Education</p> <ol style="list-style-type: none"> 1. Engage the entire community in efforts to change social norms and attitudes that contribute to domestic violence 2. Collaborate with community domestic violence organizations to educate community 3. Provide governmental, planning, and regulatory bodies with information, advice, and proposals on issues relating to domestic violence 	<ul style="list-style-type: none"> Establish forum for member agencies to create, enhance, and sustain inclusive & diverse services (Goals 1 & 2 Diversity & Inclusivity Committee) Co-Host Domestic Violence Awareness Month Press Conference; Host Annual Legislative Breakfast; and participate in NYS CADV's Legislative Advocacy Day (Goals 2 & 3 Legislative Advocacy Committee) Develop DVC 101 training to inform community of who we are & what we do (Goal 1 Education Committee) 	<ul style="list-style-type: none"> All member agencies provide inclusive services Increase number of attendees year over year at Domestic Violence Awareness Month Press Conference, Legislative Breakfast, and NYS CADV's Advocacy Day Host at least two DVC 101 trainings per year to community (origination, hospitals, educational systems, and/or employers)
<p>Protocols & Best Practices</p> <ol style="list-style-type: none"> 1. Improve the quality of domestic violence services by planning, coordinating, and providing training and technical assistance programs 2. Develop "best practice" policies and protocols for Rochester & Monroe County's integrated response to domestic violence 	<ul style="list-style-type: none"> Invite community advocates to attend informational meetings to ensure all are aware of, and understand, the various services provided by each of our community agencies (Goal 1 Education Committee) Generate task force to refine, endorse, and enforce protocols (Goal 2 Protocols & Best Practices Task force) Review Annual Domestic Violence Report to the Community (Goal 1 & 2 Executive Board) 	<ul style="list-style-type: none"> Host at least two "Service Provider Awareness" informational meetings per year with at least 15 attendees per meeting Updated and relevant protocols & best practices, informed by most current evidence based research & available on RMC DVC.org Generate & implement recommendations based on hypothesized explanations

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Our Mission, Vision, and Theme

Zonta International Mission Statement

Zonta International is a leading global organization of professionals empowering women worldwide through service and advocacy.

Vision

Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential.

In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men.

In such a world, no woman lives in fear of violence

Theme

Empowering Women Through Service and Advocacy

Newsletter Schedule

The next newsletter will be distributed in January. Submissions must be in by January 6th.

Your comments, suggestions, and submissions are welcome! Please contact Pat Deane, Newsletter Editor, 585.292.9850x22 or pthosdeane@yahoo.com

Please feel free to share this newsletter with friends and associates.

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