



Dedicated to advancing the status of women worldwide

Zonta Club of Rochester

PO Box 10545, Rochester, NY 14610

February 2018 Newsletter

Vol. 9, Issue 8



ZONTA
CLUB OF
ROCHESTER
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

Message from the President



Dear Zonta Sisters & Friends,

Happy February! This month's theme of Service allows us to honor and celebrate the agencies we support in our mission of empowering women through service and advocacy. Ten members gathered to review grants received from ten agencies to determine who would receive funds raised last year. Using an anonymous, confidential scoring system, we choose the top 6 agencies that met the funds we had available. Although we are thrilled with what our fundraising can support, we feel sad to not support all requests. This is why we need all hands on deck for our fundraising activities and hope you will help with advertising, silent auction donations and attendance for our upcoming Swing into Spring Fundraiser.

I recently attended the first Anti-human Trafficking Conference co-sponsored by the Susan B. Anthony Center and held at the UR School for Medicine and Dentistry. See the program in this newsletter (pg. 6). I learned so much about this tragic global & local problem. After 6 hours of speakers, video & panel discussion; I left mentally exhausted and depressed! But there is hope. With knowledge and focus there are many agencies (some that we support) using their resources to help those affected by trafficking.

From Zonta International there is a new campaign titled "HeForShe" led by UN Women. I attended a webinar to learn more and hope to share this at our April meeting. HeForShe is a focus and effort to engage men in gender equality. We always welcome men at all of our events. Without men we cannot achieve true equality. To learn more about this campaign go to <https://www.zonta.org/Global-Impact/Advocacy/HeForShe> and <http://www.heforshe.org/en>

Thank you for all you do to make the world better! *Thank you* for being part of Zonta!

Peace always,

Cheri

"Gender equality is not a women's issue –it is an issue for all human beings which can only be achieved by women and men working together as equal partners. Together we are stronger and by joining efforts with like-minded organizations, we can do even more."

-Sonja Hönig Schough, President, Zonta International

Zonta International

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Zonta Club of Kungsbacka, Sweden District 21

Zonta District 4

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Zonta Websites

Zonta International www.zonta.org
Zonta District 4 www.zontadistrict4.org
Zonta Rochester www.zontarochester.org

www.facebook.com ...Search for:

Zonta International
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And

SHARE the Posts from Zonta!

February 27th Service Meeting



The February meeting is to honor our 2018 Service Grant recipients. A representative from each agency will tell us about their agency and how the grant will be put to use. Recipients this year are Angels of Mercy, Center for Youth Safe Harbour Program, Coffee Connection Project Empower, RESOLVE Survivor Transition Program, St. Joseph's Neighborhood Center Women on the Move program, Veterans Outreach Center Female Veteran Self Sufficiency Project, and Volunteers of America Working Wardrobe program. We will also be awarding this year's Heart Award to one of our members who has best personified the ideals of Zonta this year. This is always an information-packed meeting that enables us to feel proud of the work we do all year long.

This month's meeting will be at Joey B's at Brickstone Restaurant, 1325 Elmwood Ave. Cost: \$28.00 for members and guests. Dinner menu: Chicken French, rice pilaf, vegetable medley, salad with two choices of dressing, basket of bread, coffee/tea, and dessert donated by Joanne Chase. A cash bar is available.

As usual the meeting will be 5:30 - 8:00 pm with dinner being served at 6:00 pm. Guests are always welcome and encouraged!

Your reservation is a financial commitment even if you cannot attend; payment for cancellation after 2/22/18 is expected due to the cost for the meal reservation. To reserve your seat please contact **Isabella Foltyniak** - RSVP's by phone call or text: 585-363-3068 and by email: Isabella.Foltyniak@gmail.com by 2/22/18.

This month's collection item are toothbrushes and toothpaste to be donated to Jennifer House (Spiritus Christi) and Sojourner House. Please do not feel pressure to donate. These donations should be at your convenience.

January Meeting Review

submitted by Pat

What a wonderful meeting we had in January, not only did we induct two new members, Lisa Fluman and Melissa Quinn, but we also had Naomi Wadsworth, a pilot and member of the Finger Lakes Chapter of the Ninety-Nines, as our speaker. After we welcomed Lisa and Melissa as our newest members, Naomi entranced us with her life's story about how she came to be a pilot. It was inspiring to hear how Naomi persevered to become a well-respected woman pilot in a man's world. Naomi not only has an impressive work history, but she has also used her talents as a pilot to help with humanitarian relief and to help establish the National Warplane Museum in Geneseo. This was truly a wonderful way to commemorate Amelia Earhart Month!

Be sure to see the pictures from our meeting on page 4.

General Meeting Schedule

Feb. 27 th	4 th Tuesday	Service
March 27 th	4 th Tuesday	Advocacy
April 24 th	4 th Tuesday	Leadership
May 22 nd	4 th Tuesday	Annual Meeting
June 26 th	4 th Tuesday	President's Choice (1 st meeting of 2018-19 Zonta year)

Board Meeting Schedule

Open to all ZCR members!

St. John's Home, Hastings Conference Room,
150 Highland Avenue, 5:45 – 7:00 PM
March 5th
April 2nd
May 7th
June 4th



	Birthday	Anniversary
Lesia Telega	02/21	06/02

Donations Needed

We are still collecting the following items at our monthly meetings:

- ◆ Toiletries for Mercy Community Services
- ◆ Printer cartridges for Mt. Hope Family Center

Nominating Committee

The Nominating Committee is looking for people to fill the following Board positions:

Director 2019-2019 (one position vacated)
Director 2018-2020 (two new positions)
Vice President

If you would like to be on the Board, or have an idea of someone you think should be on the Board, please contact Lesia, Dot, or Pat to have the name(s) offered into consideration.

Happy
Valentine's
Day

Fellowship

submitted by Andrea

Radio Social

On January 21st, a number of Zonta Club of Rochester members (and friend) got together at Radio Social for some fun and fellowship! Many of the attendees had never been to Radio Social before and they were impressed by this new “hangout” in Rochester. The members bowled a game, some had a drink and while others ate food. We all enjoyed watching other customers play giant Jenga, shuffleboard and of course bowling. While our scores may have been a bit low, our spirits were high! All had a good time and it sure was nice relaxing and getting to know our members better.

Mad Hatter Tea

The ZCR’s next fellowship outing will be to The Mad Hatter Tea Room! Please come join us on Saturday, Feb. 17, at 1:00 p.m. This restaurant offers many kinds of tea, pastries, a lunch menu as well as serving breakfast all day. All ZCR members are welcome to come and we would be most impressed if you even wore a Mad Hatter hat! (Be warned, we may need to take your picture!)



Fun time at Radio Social!

Collection/Donation Service Project

January:

At the January dinner meeting, our club showed its true colors again, by being, once again, exceedingly generous! We collected over 80 sticks of deodorant and 14 packets of anti-bacterial wipes! These items were found on the wish lists of local agencies that help prevent human trafficking. Angels of Mercy and Center for Youth-Safe Harbour were the recipients of our January donations. A huge thank you to our generous members (and friends of members) who continue to support this project!

February:

Our next dinner meeting collection for donation will be toothbrushes and toothpaste! “Oral health is a vital part of overall health, from the obvious needs like chewing to the more hidden issues like heart disease. Poor oral health can lead to some serious medical problems including infections and heart disease. By simply being able to brush their teeth, we can help people avoid some of these serious issues and greet the day with a bright smile.” These donations will go to help support women who have previously been incarcerated and are trying to get back on their feet. The agencies that will be the recipients will be: Sojourner House and Jennifer House (part of Spiritus Christi). We would like to extend a big “thank you” to our friends and families who help our club members continue to make a difference in our community!

Geneva's Amelia Earhart Meeting

submitted by Nancy

I was invited to be a presenter at the Geneva Amelia Earhart Meeting. Geneva wanted to do a community event around AE focused on educating girls about STEM careers. There were 5 girl scout troops from Phelps, Lyons, Penn Yan, Geneva and Canandaigua and girls from the Boys and Girls club of Geneva. (Altogether there were 45-50 girls and another 10-15 adults.)

I talked about the similarities between Scouting, Boys & Girls Clubs and Zonta along with how Amelia (and AE fellowships) and Zonta are connected. I also told them about Alyssa Carson (the girl that I did the AE presentation on 4 years ago), who wants to be the first to go to Mars.

Ellie Sterns was asked to play the role of Amelia Earhart. The girls seemed very engaged both during my short talk and Ellie's 40 min presentation; many said they really liked it and how interesting it was. Congratulations Geneva for a terrific idea on how to make Amelia relevant to today's youth! We at ZCR might want to think about this type of event in the future.

Save the Dates!

March 4, 2018: Zonta Club of Buffalo Ladies First Jazz Concert Fundraiser. (see flyer pg.

March 4, 2018: Zonta Club of Hamilton I – 90th Anniversary (see flyer pg.

March 10, 2018: Batavia Lucky Number Luncheon

April 21, 2018: Areas 3 & 4 Spring Workshop

hosted by the Zonta Club of Batavia

April 29, 2018: ZCR Swing into Spring Fundraiser! (see flyer pg.

Zonta History

Nancy has submitted some Zonta History – we'll review some years in each newsletter as we get ready for Zonta's 100th Birthday!

- 1936 - Resolutions adopted to “repeal the ‘Married Persons Law’ {that allowed only one member of a married couple to work for the US government} and to urge legislation permitting women to serve as jurors in federal courts.”
- 1938 - Amelia Earhart Fellowship begins and is awarded annually to women pursuing PH/D/doctoral degrees in aerospace-related sciences or aerospace-related engineering.
- 1939 - “Women's Contribution to Social and Economic Change” theme chosen for 20th anniversary celebration
- 1939 - The December Zontian asked members “how can women's participation in public affairs contribute to world peace?”

Service – February Collection



At this month's February dinner meeting we will be collecting **Toothbrushes and Toothpaste**

National Toothache Day 2/9 and National Tooth Fairy Day 2/28

FEBRUARY DINNER MEETING: Service



These items will be donated to **Jennifer House (Spiritus Christi) and Sojourner House**



Why toothbrushes:

By the end of the day do your teeth feel a little funky? What if you didn't have a toothbrush or any way of getting one? The old finger over the teeth trick leaves a lot to be desired and a lot still on your teeth. Oral health is a vital part of overall health, from the obvious needs like chewing to the more hidden issues like heart disease. Poor oral health can lead to some serious medical problems including infections and heart disease. By simply being able to brush their teeth, we can help people avoid some of these serious issues and greet the day with a bright smile.

Thank You for your generosity! We have an incredible group of generous women in the Zonta Club of Rochester!

Please do not feel pressure to donate. These donations should be at your convenience.

We are still collecting our on-going items of toiletries and ink cartridges.

THANK YOU to those who are able to deliver these items!



January's Collection

Pictures from January's Meeting



Speaker Naomi Wadsworth



New members Melissa and Lisa



DVC Updates

submitted by Alyce

A full membership meeting of the Domestic Violence Consortium was held in January. Anne Rasch attended the session just prior to the meeting so we'll have two representatives in 2018.

- New officers: President: Pat Huntington-Sigel, Rochester Police Dept; V-President: Lisa Butts, SPCC; Treasurer – Janine Lucas, Willow; Secretary-Shashi Sharma, SAATHI; At Large – Jack Brennick, Delphi, Eva Salinas (Greece PD, Victim's Assistance, Julia Wagner, Probation.
- DV101 Training – Thursday, March 15, 8:30-1:00, Conference Center I-Square, \$20.00
- Members received an overview of Bivona services
- Legislative Breakfast, March 22, 7:30-8 Networking; 8 Program, Rochester Academy of Medicine, East Avenue, Theme: Survivor Voices

Advocacy

The Advocacy Committee will wait until after the DVC Legislative Breakfast to decide on the next letter writing campaign. Remember, if you have not yet sent your letter(s) to legislators, it isn't too late to do so!

In Case You Missed It - 1

submitted by Cheri and Nancy

Kate Ceruli was in the news regarding a U of R study: The City Newspaper published an article on Feb 7, 2018 written by Tim Louise Macaluso. For more information go to: <https://www.rochestercitynewspaper.com/rochester/shining-light-on-domestic-violence/Content?oid=5438541>

In Case You Missed It - 2

ZI sent out an email about the new Zonta USA Caucus recently. Working under the direction of the International Advocacy Committee, the Zonta USA Caucus will be used as a platform for advocacy actions within the United States. The caucus will ensure that all advocacy actions are in accordance with the Zonta International Advocacy Policy and strategic plan. One goal is to: Assist in the development, consideration, and passage of legislation which facilitates every woman's ability to achieve her full potential and to live in a society free of violence.

Want more information? Press control and hit the link below.

[Learn more about the Zonta USA Caucus](#)

DOMESTIC VIOLENCE REPORT™

LAW • PREVENTION • PROTECTION • ENFORCEMENT • TREATMENT • HEALTH

The current issue of Domestic Violence Report takes a close look at new research on the impact of intimate partner violence on children, and reviews important legal developments that will keenly interest victim advocates—a landmark prosecution of a non-native abuser in a Tribal Court, and cases from around the country in which 911 calls have been challenged as evidence. Brief summaries are available by clicking on the links below: the full articles are available in the print edition, which mailed to subscribers in December.*

[Volume 23, Number 2 | December/January 2018](#)

[Children Bereaved by Domestic Homicide: Demographics and Exposure](#)

[First Tribal Court Convicts Non-Native Abuser Under VAWA](#)

["Home Truth"—How Domestic Violence Ripples Through Generations in Families](#)

[Children's Perspectives of Mothering in the Context of Domestic Violence: Recent Research Findings](#)

[Case Summaries: 911 Calls to First Responders](#)

[State Firearm Surrender Laws Lower Risk of Death](#)

*Subscribers—be sure to route your print copy of this issue to key staff members, then make it available in your resource library. If you are not a subscriber, articles are available for individual purchase by following the links above; or click here to [begin a subscription](#). For subscribers to the print edition of *Domestic Violence Report*, this may be the right time to consider upgrading to the print-and-online edition of DVR. You'll find [details on how to upgrade here](#).

You may also want to revisit our recent issues on [stalking, strangulation](#), violence against the [disabled](#), [financial exploitation](#), [lethality assessment](#) and its [applications](#), and [police domestic violence](#).

Sincerely,
Mark E. Peel
Publisher

Domestic Violence and Anti-Human Trafficking Info

DV101 Training



When: Thursday, March 15, 2018
8:30 AM – 1:00 PM
Where: Conference Center at iSquare
400 Baker Park
Rochester, NY 14617
Cost: \$20
For: DVC Member Agencies

Join members of the DVC for a ½ day training designed for professionals working in the domestic violence field. Training is intended to promote a common understanding of domestic violence among DVC members in order to strengthen our coordinated community response.



HELP ANGELS OF MERCY STOP THE TRAFFICKING

HELP US TO SPREAD THE
WORD ABOUT HUMAN TRAFFICKING
IN OUR COMMUNITY



**CONTACT ANGELS OF MERCY
TO BOOK AN AWARENESS EVENT**

Awareness is the first step in
engaging people to DO SOMETHING

Human trafficking is growing exponentially in the United States, in New York, and right here in Rochester.

Join us for a human trafficking awareness presentation on January 7th - learn more about how human trafficking is going on in our own backyard, and how YOU can make a difference. Our daughters, sisters, and granddaughters are all vulnerable. We need to educate ourselves about how to identify traffickers and their recruiting techniques. Greater awareness will help us to keep our children and other high-risk children safe.



Contact: Angels of Mercy (585) 730-4556
www.angelsofmercyny.org

SLAVERY IN AMERICA IS NOT DEAD - IT JUST LOOKS DIFFERENT

Human trafficking in America is spinning out of control:

- **Human trafficking** is the illegal trade of human beings for the purposes of commercial sexual exploitation or forced labor - a modern-day form of slavery. It is the fastest growing criminal industry in the world; it is estimated that trafficking generates \$150 billion annually.
- Victims are enslaved in human trafficking through manipulation, force, fraud, and coercion.
- The United States has become one of the top destinations in the world for child sex trafficking. New York is one of the top destinations in the U.S. for trafficking.

Who is at risk? The average age a child is first exploited is 13 years old.

- Runaways - 1.7 million runaways in the US. >200,000 are sex trafficked each year. 1 in 3 children will be picked up by traffickers and forced into prostitution within only 48 hours of being on the street.
- Kids in the foster system - 80% of foster kids who age out of foster care end up homeless within 2 months
- Homeless children - did you know that there are 2,500 homeless children in the Rochester City School District?
- Victims of prior abuse - 1 in 5 American girls will be abused by the slave they turn 18. 50% of shelter youth have been trafficked, and 70% of trafficked victims have experienced physical or sexual abuse in their homes.
- Our daughters, sisters, granddaughters **are all vulnerable** - Kids are especially susceptible to the deception and manipulation of traffickers. The internet has made trafficking easier than ever.

Who are the traffickers?

- Many human traffickers have switched from drug trafficking because human trafficking is far more profitable, and the penalties are less harsh than for drugs.
- Traffickers are very smart; they know the laws and are usually very likable. However, they control victims through intimidation, manipulation, physical violence - even torture, establishing daily quotas, or withholding food. They often threaten the victim's family.
- Traffickers prey on teens' desire for romance and adventure and will promise an exciting, stress-free life.

What can YOU do to help? We CAN make a difference

- **EDUCATE YOURSELF**, your loved ones, and friends. Learn about human trafficking from the websites below. Attend a local Trafficking Awareness Event. Check the Angels of Mercy website for an event near you. **SHARE** the warning signs with all of the teens you know.
- **STOP THE DEMAND FOR SEX WITH CHILDREN** - If you are a man, commit to avoiding all contact with pornography, prostitution, and sexual entertainment - nearly all participants in these industries are trafficking victims, regardless of their age.
- Anything you do to mentor and minister to at-risk children and youth will reduce their risk of being trafficked.
- Participate in efforts to create more beds to shelter and restore sex trafficking survivors.

Hotlines:

National Center for Missing and Exploited Children 1-800-THE-LOST

WWW.CYBERTIPLINE.ORG

National Human Trafficking Hotline

888-373-7888

Text INFO or HELP to BeFree (233733)

www.angelsofmercyny.org
www.rcaht.org

www.sharedhope.org
www.worldhope.org

www.polarisproject.org
www.missingkids.com

According to the Rochester Regional Coalition Against Human Trafficking, 100 children and adolescents were identified as possible victims of human trafficking in Monroe County between January 2014 and February 2015. The numbers are staggering, yet many in our community remain largely unaware of the extent to which Rochester is impacted by human trafficking. Last year, Mayor Lovely Warren declared January will be recognized as Human Trafficking Awareness Month to help address this human rights issue that has such a devastating impact on the City of Rochester.

Thank you for joining us today, you are part of an initiative that is striving to:

Raise our collective awareness, as healthcare providers and community members, of human trafficking in Rochester, NY and around the world.

Educate ourselves on how to identify victims and survivors of human trafficking when they seek medical care.

Provide healthcare professionals with skills and strategies to effectively manage survivor care.

Provide an opportunity for collaboration between healthcare providers, community organizers, and other professionals in solidifying mechanisms for prevention and protection from trafficking as well as comprehensive care delivery.

Thank you for being a part of this undertaking.



ANTI-HUMAN TRAFFICKING CONFERENCE

JANUARY 27, 2018

Fighting Human Trafficking in our own community, one patient at a time.



Agenda

9:00-9:55 <i>Flaum Atrium</i>	Registration and Light Breakfast
10:00-10:55 <i>Class of '62 Auditorium</i>	Welcome/Human Trafficking 101 Introduction from Local Rochester Anti-Human Trafficking Organizations Lauren VanCott, <i>Angels of Mercy</i> Mary Jo Colligan, <i>Angels of Mercy</i>
10:55-11:05	BREAK
11:05-12:05 <i>Class of '62 Auditorium</i>	Keynote Address: Human Trafficking, a Global Epidemic: Risking Risks & Inequities Dr. Parveen Parmar, M.D., M.P.H.
12:05-1:00 <i>Flaum Atrium</i>	Lunch with Remarks by Deputy Mayor for the City of Rochester Dr. Cedric Alexander, Ph.D.
1:00-2:00 <i>Class of '62 Auditorium</i>	Clinical Training for Survivor Care Dr. Celia McIntosh, D.N.P., <i>ARCAHT</i> Nicole Thomson, <i>Center for Youth</i>
2:00-2:15	BREAK
2:15-3:15 <i>Class of '62 Auditorium</i>	Human Trafficking Panel Dr. Celia McIntosh, D.N.P., <i>ARCAHT</i> Valerie Douglas, <i>Center for Youth</i> Edward Suk, <i>National Center for Missing and Exploited Children</i> Jeremy McLean, <i>Worker Justice Center</i> The Honorable Judge Ellen Yecklin, <i>Rochester Human Trafficking Intervention Court</i>
3:15-4:00 <i>Flaum Atrium</i>	Closing Remarks Meet, Greet, and Eat

THANK YOU TO ALL OF OUR SPONSORS AND SUPPORTERS



Community Sponsors

Dr. Thomas L. Carepell,
URMC Department of Family Medicine Chair



SPECTRUM

Lewis Medical Student Association

American Medical Women's Association

Physicians for Human Rights

Medical Students for Choice



What's Happening!



If you need tickets to the First Ladies Jazz Big Band concert, please contact Caren @ cdkshapiro@gmail.com ASAP.

Come to Breakfast!

Each day, people come to **St. Joseph's Neighborhood Center** seeking health care and mental health services they cannot find elsewhere in the community. All of us at the Center... 250+ professional volunteers, staff, and supporters...become their companions on that journey. In fact, St. Joseph's serves more than 2,000 patients/clients each year.


Join us for one of our **Executive Breakfasts** and learn more!


We'll serve up a hearty breakfast and share transforming stories. The Center offers medical, dental and mental health care for individuals who have no health insurance or are underinsured. Over 70% of the people we serve are working, but simply can't afford the cost of insurance.

Breakfast is served right at the Center -- **417 South Avenue in Rochester** -- starts at 8:00 a.m., and lasts about one hour. We also offer a brief tour of the facility. On-street parking is available, as well as in the lot diagonally across the street. *Please contact David Pinto at 325-5260 or dpinto@sjncenter.org to make your reservation.*

Upcoming:

February 21, 2018 • March 21, 2018
April 18, 2018





We're Celebrating our 90th Anniversary!


Please join us.

When: Sunday, March 4, 2018
11:30 a.m. to 2:30 p.m.

Where: Burlington Golf and Country Club
422 North Shore Blvd. E., Burlington, ON L7T 1W9

Cost: \$90

Speaker: FIONA SAMPSON – B.A., M.A., LL.B., Ph. D., C.M.



Fiona is a human rights lawyer who has dedicated her 20+ year career to seeking justice for society's disadvantaged. Fiona founded the equality effect, an organization that uses human rights law to make the rights of girls and women real, so they can be safe from sexual violence, get an education, and fulfill their economic potential. Fiona led her team to the 2013 landmark victory in Kenya in which the country's High Court found the state's failure to protect girls from rape was unconstitutional and violated their human rights.

We encourage you to use the online registration at www.zontahamilton1.ca or complete this form and mail it with a cheque to: Debbie Field
306-50 Murray Street West
Hamilton, ON L8L 1B3

Deadline for registration is February 16, 2018


Name: _____ Zonta Club: _____

Telephone: _____ Email: _____

Address: _____

Pastal Code: _____ Entrée Choice: Chicken Salmon Vegetarian

Special Food Requirements: _____



Contact: Karin Eckart 905 527 2957
email: 90th@zontahamilton1.ca
www.zontahamilton1.ca

Our Mission, Vision, and Theme

Zonta International Mission Statement

Zonta International is a leading global organization of professionals empowering women worldwide through service and advocacy.

Vision

Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential.

In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men.

In such a world, no woman lives in fear of violence

Theme

Empowering Women Through Service and Advocacy

Newsletter Schedule

The next newsletter will be distributed in March. Submissions must be in by March 9th.

Your comments, suggestions, and submissions are welcome! Please contact Pat Deane, Newsletter Editor, 585.292.9850x22 or pthosdeane@yahoo.com

Please feel free to share this newsletter with friends and associates.

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